

Time	Task
5	
5:30	
6	
6:30	
7	
7:30	
8	
8:30	
9	
9:30	
10	
10:30	
11	
11:30	
12	
12:30	
1	
1:30	
2	
2:30	
3	
3:30	
4	
4:30	
5	
5:30	
6	
6:30	
7	
7:30	
8	

